



Class Timetable 2019/2020

	Morning	Lunchtime	Evening
Monday			17:15-18:15- Group Power
Tuesday			17:15-18:00 - Bootcamp
Wednesday	09:30-10:30 - Group Power		18:00 - 19:00 - EB Pilates 19:15-20:15 - EB Pilates
Thursday			17:15-18:00 - Bootcamp
Friday	10:00-11:00 - EB Pilates		
Saturday			
Sunday			

Group Power £6 per session or bulk block available (no booking required).

EB Pilates Booking is essential for all classes £30 per block of 6 classes T: 07543857761

Bootcamp £4 per session (No Booking required)

