

Class Timetable Skye Gym from 25th Oct 2020

	Morning	Afternoon	Evening
Monday	9.45-10.45 Jennies Group Power		5.15-6pm Fionas Back 2 Basics
Tues	10-11 Neils Pilates		5.15-6.15pm Frances Body Balance (begins 2 nd Nov)
Wed		4-5pm Fionas Body Blast	6-7pm Jennies Group Power
Thur			5.15-6pm Fiona Back 2 Basics
Fri			
Sat	10-11 Jennies Group Power		
	11.30-12.30 Neils Pilates		

Please note that due to Covid restrictions booking is essential. Booking is made with the instructors. Follow the info below or please call Fiona on 07834787701 to make a booking.

Class	Ability	Price/Booking
Jennies Group power	All fitness levels	£7 per class or bundle 10 for £60 or 20 for £110 Book Via 'Skye Fit Together' facebook page
Neils Pilates	All Fitness Levels	£6 per class (pay at class) Book via 'Portree Pilates' Facebook page
Fionas Back 2 Basics Or Body Blast	All Fitness Levels	£4 per class pay at the class and book via 'skye gym' facebook page
Frances Body Balance Class (Begins 2 nd NOV 2020)	All Fitness Levels	£4 per class. Book via 'skye gym' facebook page